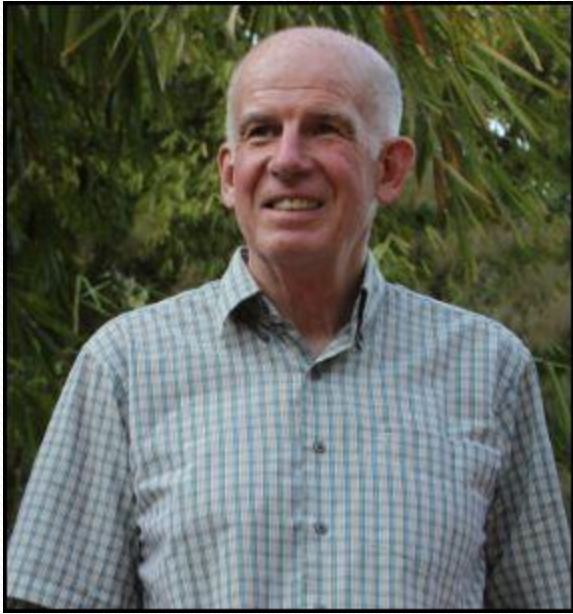




Working for a better future

# BHI's Background



Dr. Larry Crook



Saikamar Non



BHI (Border Health Initiative) was founded in 2008 by Dr. Larry Crook and Mrs. Saikamar Non in the Thai-Burmese border region of Sangkhlaburi and is staffed with local, experienced and motivated medics and healthcare workers.



# Our Team after the Founding



# Our present Team 2022



# Workshop and Training for our Medics

Our team of medics and health care workers participates in workshops and training on a regular basis.



# Our Objectives

Improving the physical, mental and social well-being of vulnerable People in the Thai-Burma region of Sangkhlaburi,

- who have limited access to any health care service or lack of proper medical care.
- who live in very isolated communities
- who are under high risk for communicable diseases
- who lack health awareness and health practice

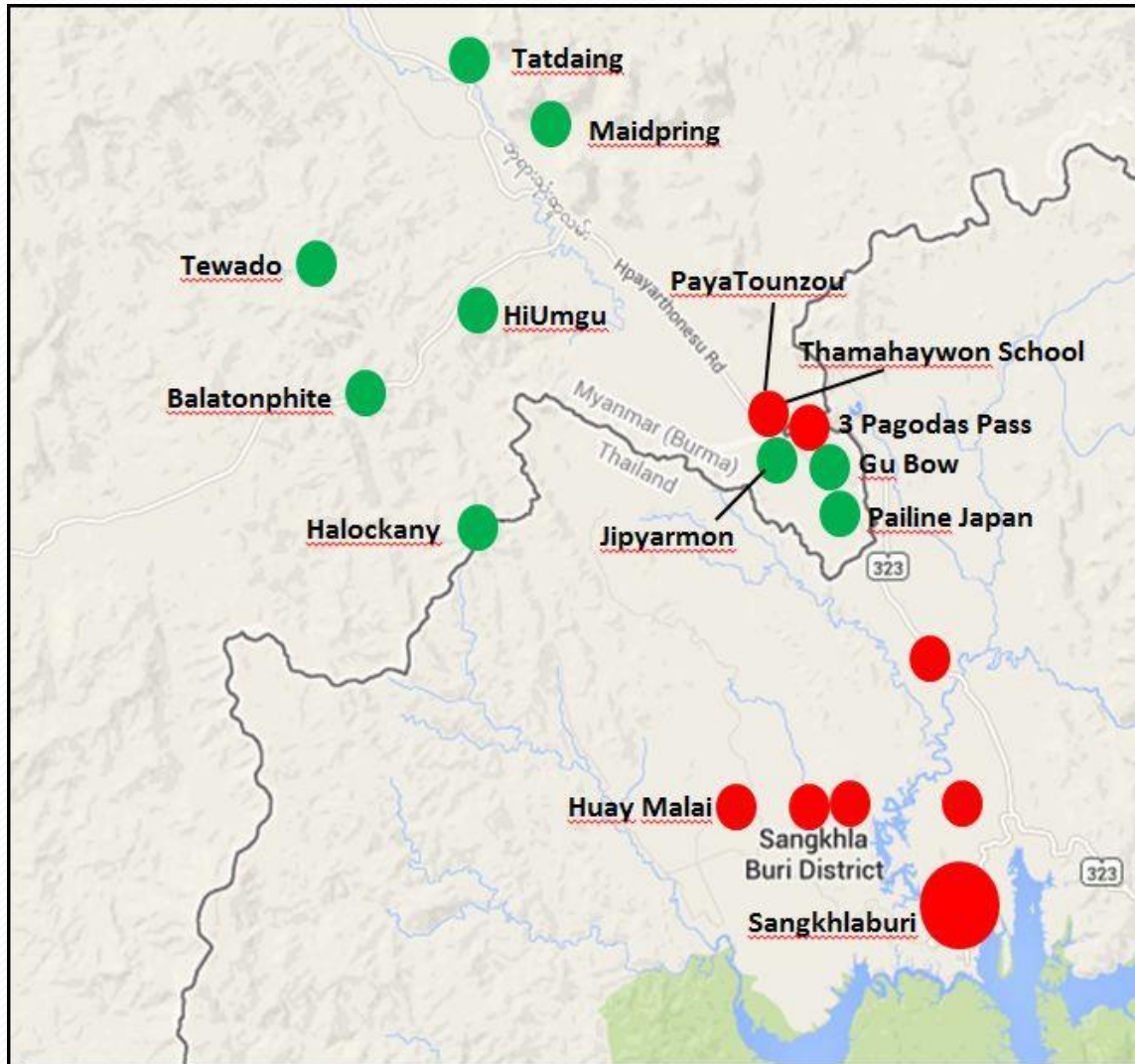
by providing them medical care, health education, material, financial and technical support.



# Our Challenges

- Legal status
- Very limited budget
- Border crossing due to conflicts or hard-to-reach places due to poor road conditions, especially during the rainy season
- COVID-19 Vaccinations
- Referral cases in general and emergencies
- Difficulties in the follow-up of chronic diseases
- Difficulties in ANC screening on the Burmese side

# Where does BHI work?





# BHI's Objectives

**Education  
Supports**

**Health  
Care**

**Child  
Protection**

# Health Care

- Mother and Child Health Care (MCHC)
- Medical Outreach (MO)
- Chronic Care
- School health
- Social welfare



# Mother and Childcare Project (MCHC)



- Health Education
- ANC screening  
HIV/Hepatitis/Syphilis ...
- Nutrition supports
- Support with medical fee
- Vaccinations
- Family Planning
- Referral
- Baby bonding

# Antenatal Care (ANC)

Antenatal care is essential for protecting the health of women and their unborn children. Through this form of preventive health care, women can learn from our skilled health care workers about healthy behaviors during pregnancy, better understand warning signs during pregnancy and childbirth, and receive social, emotional and psychological support at this critical time in their lives.



# Safe Delivery

We help pregnant women with our experience and advice to prepare for the upcoming birth.



# Baby Bonding Workshops



- Providing half day workshop for the new mother and pregnant women for 7 communities
- BTS training for different groups and touch rules for students.

# Medical Outreach (MO)



Outreach programs in remote areas are sometimes challenging, especially during the rainy season due to poor access and road conditions



We visit 14 communities every month in the border area, provide basic medical care & treatment, early detection for emergency cases and chronic diseases.

### **Our activities:**

1. Health Education
2. Mobile clinics
3. Simple chronic care
4. Hospital referral if needed
5. Medical fee and other fee supports if needed
6. Nutrition support for chronic patients
7. Social welfare







# Vaccination Support

COVID-19 Vaccination support in remote areas



# Chronic Care

## **CC type 1**

Simple cases of HBP, Asthma, Epilepsy, etc.

The patient can't get access to the hospital either isolate or other reason:

### **Activities:**

- Consultation & simple treatment
- Health education and ensure they take the treatment properly
- Social welfare support if needed
- When the expatriate doctor arrives, we consult the patients and get the suggestion from time to time

## **CC type 2**

Mainly referral cases as TB, HIV/AIDS, Epilepsy, Diabetes, etc.

### **Activities :**

- Consult and refer
- Ensure, the case get appropriated treatment
- Ensure they take the treatment properly and they go for appointment regularly
- Help for transport if really needed
- Food or others if needed
- Contributions for the treatment cost, if needed

# Medical support for chronic patients

Patients with chronic health problems require special long-term care.



# Health Education in Schools

- Health education
- Providing first aid kits
- Health screening
- TOT for teacher on health
- Provision of hygiene packages and sanitary material
- Life skills training for teenage Students
- Hygiene and sanitation campaign
- Health and social discussions in parenting



# Health Education



# Nursery School Program

We work in kindergartens in Mon and Karen villages, offering children the opportunity to learn more and develop their skills.

Parents usually have little time for this because they either work for the family's livelihood or for the community.

We provide

- Teacher salaries
- Teaching materials
- Nutrition
- TOT
- Health education
- Health Screening
- Hygiene supplies
- EMS first aids boxes





# Primary School Support

We support  
970 children in 8 schools

We provide

- Teaching materials
- Hygiene supplies
- Dental care 2 times per year
- Health screening
- Health Education



# Educational Work

- COVID-19
- Hygiene
- Health Care
- Nutrition



# Child Protection



- Looking for shelter for abused children
- Assistance in returning to society when they are ready
- Counseling, encouragement
- Food and various other supports
- Long term support for young single mothers at risk of abandoning their children
- Skills training and support towards independence
- Weekend and holiday support for orphans and isolated children

# Children's rights & child sexual abuse prevention

- Children's rights
- Touching rules in the schools
- Life skills training
- Psychosocial aspects
- Counseling if there is need either for the child or the family
- When a child is abused, we try to assist the child and the family
- Discussion with familie, if there is domestic violence



# Our Supporters



**Thai Burma Border  
Health Initiative**



**Schaffhauser Freunde helfen**  
**SANGKHLABURI**   
[www.schaffhausen-sangkhlaburi.ch](http://www.schaffhausen-sangkhlaburi.ch)



Thank you...